

# Our therapy tools :

- ▶ « **Non-oriented** » reception for parents/ children, adolescents/young adults
- ▶ **Individual and family interviews** with psychologists, nurses and/or social workers in an effort to set up both a psychological and a socio-educational follow ups, and supporting parental and family life projects
- ▶ **Individual and collective therapy workshops using simultaneously speech expression and body expression** : prenatal workshop, mothering care, psychodrama, therapy breakfast, talking groups, acting, music, graphic arts, somatic practices considering both the sense of movement and touch, psychomotor workshop and socio-esthetics.
- ▶ **Therapy Journeys** for children and adolescents
- ▶ **Outdoor accompaniment** : home visits, hospital visits, accompaniment to medical consultations, cultural activities & entertainment.



Association law 1901 (non profit)  
Official charity accredited  
Youth and Sports accredited  
Association of patients accredited

## Networks we belong to :

COREVIH Ile de France Nord, UNALS, TRT5, PILS,  
La Voix de l'Enfant, Sida Info Service, Sidaction

welcome \* care support \* listen \*  
health education \* access to treatment \*  
psychological support \* medico-social  
aftercare \*  
autonomy \* body work \*  
Understanding of the disease \*  
observance \* parenthood \*  
risks prevention \*

## CONTACT :

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Metro : Maraîchers

Free access - Opening hours

Monday to Sunday from 9am to 7pm

**Frontline** : 01 40 28 01 01

**Family Dpt** : 01 40 28 14 36

**Adolescents Dpt** : 01 40 28 14 29

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www.facebook/DMUMouton



WELCOME AND CARE CENTER  
FOR **CHILDREN,**  
**ADOLESCENTS, YOUNG**  
**ADULTS AND PARENTS WHO**  
ARE AFFECTED BY A  
TRANSMITTED CHRONIC  
DISEASE, SUCH AS HIV-AIDS

Get to know more about us on

[www.dessinemoiunmouton.org](http://www.dessinemoiunmouton.org)



[www.facebook/DMUMouton](https://www.facebook.com/DMUMouton)

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# Presentation

Since 1990, *Dessine-moi un mouton* supports families affected by transmitted chronic diseases such as HIV-aids in an effort to help them live in better conditions with the disease and overcome day-to-day difficulties by giving them the opportunity to comprehend the disease and its context outside the structure of a hospital.



## PUBLIC :

Located in Paris, we warmly welcome :

- ▶ Pregnant women, sick couples, sick parents and children (from 0 to 13 years old) within the dedicated **Family Department**
- ▶ Adolescents and young adults (from 14 to 25 years old) within the dedicated « **Tag le mouton** » **Adolescent Department**
- ▶ Relatives : anyone having somebody in his or her family who is concerned with the disease.

# Our specificities

Global Health Care in a dedicated structure **outside the hospital** where we take into account the family and social dimensions of the disease

Tight work with the **medical follow up**

Conception of **personalized health paths**, focusing on the beneficiaries

**A multi-disciplinary accompaniment** : psychologists, nurses, social workers, psycho-motor and socio-esthetics professionals, somatic practitioner...

# Our Action

*Dessine-moi un mouton* works at **restoring the individual and family quality of life** by working on 3 main axes :

- ▶ **Health Education Section** : comprehension of one's disease, help with the therapeutic observance, with autonomy, improve living hygiene, etc.
- ▶ **Speech Section** : support with the announcement of the disease, help with the life story tell, wording the feelings and giving back sense to it, talking about sexuality, other family unsaid things and parenthood.
- ▶ **Body Section** : allowing another connection with one's body, giving the ability to feel one's body outside the context of the disease, psychologically getting it back, restoring one's self-esteem.

We also set up a **Skill Share Section with training sessions towards medico-social professionals** so as to foster a better patient care by healthcare structures of common law.

✂ **OUI**, I do support the action of *Dessine-moi un mouton*.

I make a gift of :  
 30€    60€    120€    other : .....€

I'd rather give less, but every month :  
 8€    15€    25€    other : ....€ /month

Surname : ..... First name : .....  
 Address : .....  
 Postal Code : ..... City : .....  
 Phone Number : .....  
 Please send me your newsletter by en *Dessine-moi un mouton*  
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Please send this tag along with your cheque to:  
**Dessine-moi un mouton**  
**1 Villa des Pyrénées 75020 Paris**

